

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1	10:30- Seated Exercise, FC 1:30- Horse Racing Dice Game, B 3:30- Happy Hour, B Duane S	2	2:30- Iowa State vs. Texas Tech on ESPN 6:34- Iowa vs. Wisconsin on NBC
8	11:00- Cornhole, FC 1:30- Sequence, B 3:00-5:00- Shopping Experience, MP 3:30- Happy Hour, B	9	Iowa State @ Kansas (at Arrowhead Stadium) 8:00- Iowa @ UCLA on Fox Sports
15	10:30- Walking Group, L 1:30- Purpose Project: T-Shirt Bags for food pantry, B 3:30- Happy Hour w/entertainment by Stuart Walker, B	16	Iowa State vs. Cincinnati Bruce B
22	10:30- Walking Group, L 1:00- UNO Card Game, MP 2:30- Bingo w/Shuler Students, B 3:30- November Birthday Happy Hour, B	23	Iowa State @ Utah Iowa @ Maryland
29	10:30- Walking Group, L 2:00- Tailgate Party: Raiders vs. Chiefs: Prime, B 3:30- Happy Hour, B 6:30- Iowa vs. Nebraska: NBC	30	Iowa State vs. Kansas State

3	10:30- Seated Volleyball, FC 1:30- Bingo, B 3:30- Left, Center, Right, MP Daylight Saving Time Ends	4	10:15- OWLS: Grassland Birds 1:30- Purpose Project: Veterans Day Craft, CR 3:30- Halloween Candy Cookies, B	5	10:30- Walking Group, L 2:00- Pat Sweeney History on Veterans Day, MP 3:00- Group Exercise w/Mallory, FC	6	10:30- Fareway Store Outing 1:30- Support Group, B 3:00-Monarca Ice Cream Bars
10	10:00- Donuts and Coffee, B 1:30- Veterans Day Presentation, B 3:30- Left, Center, Right, MP Veterans Day Remembrance Day (Canada)	11	10:30- Walking Group, L 1:30- DIY Wood Block Gnome, CR 3:00- Mocktail Mixology, B	12	10:30- Puzzle Social, GR 12:00- Thanksgiving Lunch 3:00- Group Exercise w/Mallory, FC 3:30- Bridge, MP Michelle T	13	10:30- Church Service, B 1:30- Canasta Card Game, B 3:30- Ice Cream Social, B
17	10:30- Library Trip 1:30- Bellflower Florist: Class on Fall Centerpieces, CR 3:30- Left, Center, Right, MP	18	10:30- Walking Group, L 2:00- Purpose Project: T-Shirt Bags for food pantry, B 3:00- Mini Pie Bar, B 3:30- Rock n Roll Trivia, B	19	10:30- Bible Study, B 2:00- Ways to Improve Balance w/Mallory, B 3:00- Group Exercise w/Mallory, FC	20	10:30- Bible Study, B 2:00- Ways to Improve Balance w/Mallory, B 3:00- Group Exercise w/Mallory, FC
24	11:00- Lunch Outing 2:00- Christmas Tree Centerpieces, CR 3:30- Left, Center, Right, MP	25	10:30- Walking Group, L 1:30- Botanical Garden 3:30- Canasta Card Game, B	26	10:00- Donuts and Coffee, B 1:30- Resident Meeting, B 3:00- Group Exercise w/Mallory, FC 3:30- Bridge, MP	27	-Happy Thanksgiving- 11:30- Bears vs. Lions on CBS 3:30- Giants vs. Cowboys on FOX 7:20- Dolphins vs. Packers on NBC Thanksgiving Day